

Missouri Fox Trotting Horse Breed Association  
**Activity & Coloring Book**

by Kristi Wood



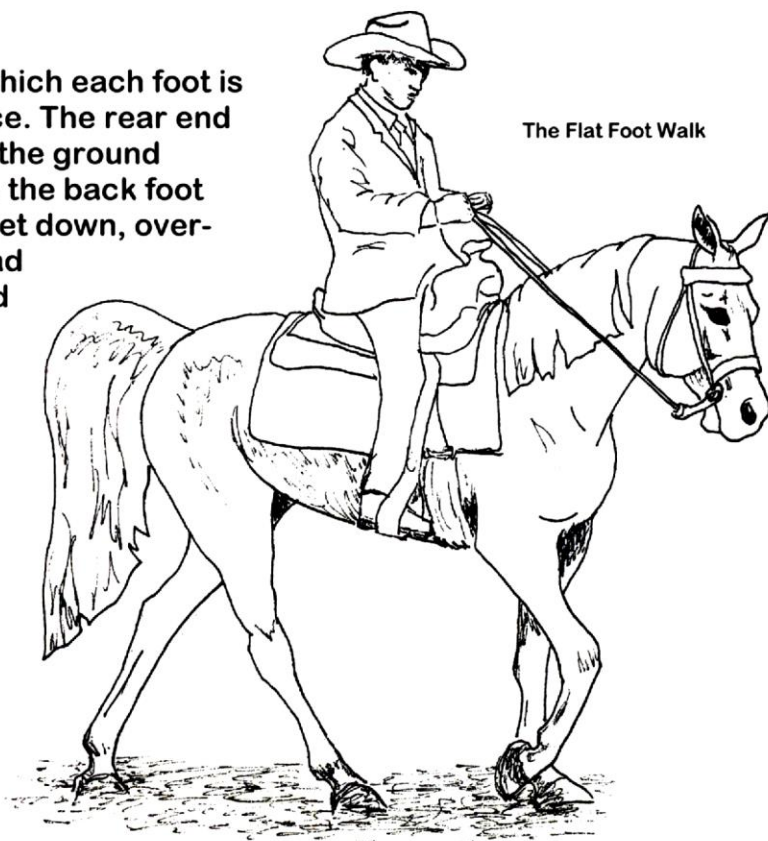
# GAITS OF THE MISSOURI FOX TROTTING HORSE

Although the Missouri Fox Trotting Horse is capable of doing many different gaits, there are three distinct gaits which are considered standard for the breed.

## The Flat Foot Walk

A true flat foot walk is a four-beat gait in which each foot is picked up and set down in an even cadence. The rear end movement should be smooth and close to the ground without any snap or pop. With each stride, the back foot should reach forward and slide in as it is set down, overstriding the track of the front foot. The head shakes in time with its rear feet and should be smooth.

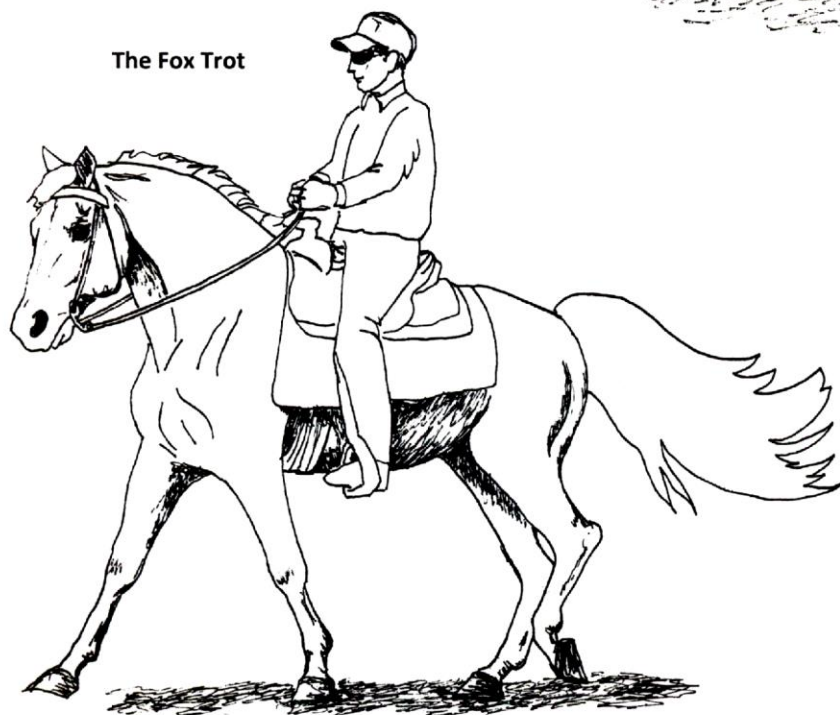
The Flat Foot Walk



## The Fox Trot

The fox trot is a broken diagonal gait with a distinctive rhythm that is created by the horse moving its front foot a split-second before its opposite rear foot. The fox trot is a smooth gait because the horse is in contact with the ground at all times.

The Fox Trot



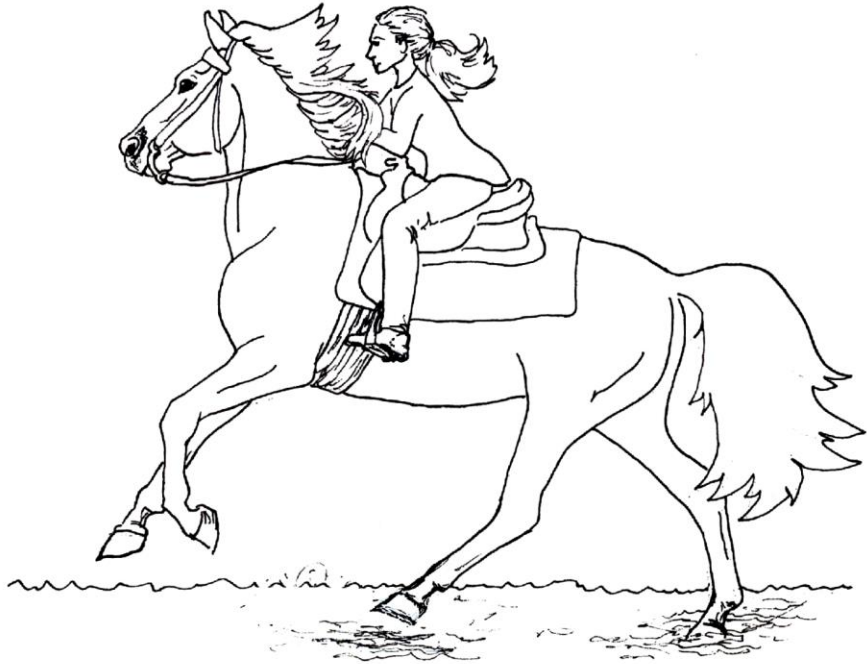
A horse that is fox trotting correctly will never have more than two feet off the ground at any given time. On both the front and back ends, the horse will set one foot down as it picks the other foot up and for a moment both feet will be touching the ground.

The exceptional rhythm of the fox trotting horse begins at the tip of the nose with the characteristic head shake, and continues back through the ripple of the tail. The diagonal nature of the gait is also what makes the Missouri Fox Trotter extremely sure-footed.

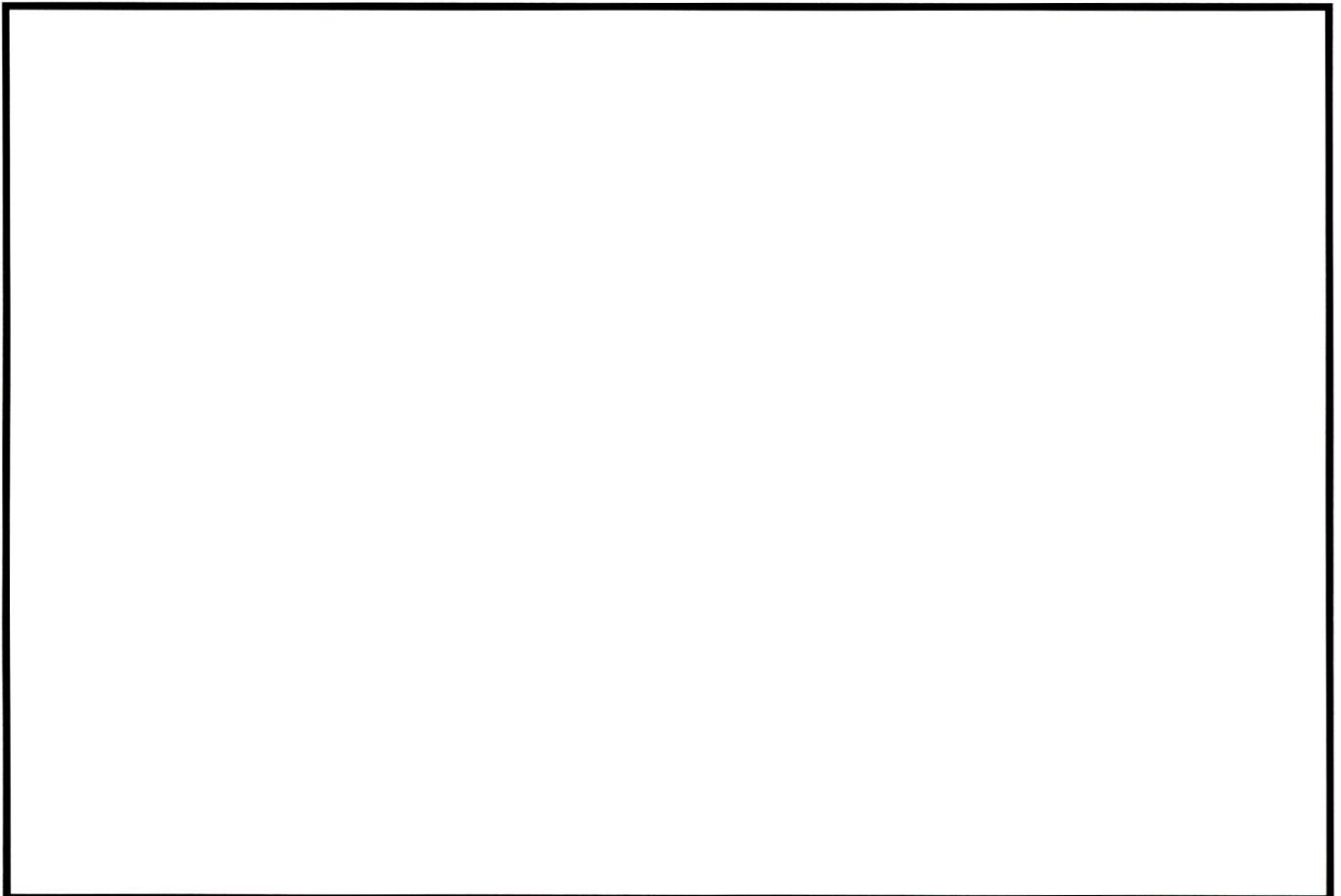
# The Canter

The canter is a broken, three-beat gait, and should be performed with collection. In the canter, the feet strike the ground in this sequence: (1) the outside rear foot, (2) the inside rear and outside front, simultaneously, and (3) the inside front. This produces the three-beat cadence.

The Missouri Fox Trotting Horse can perform an athletic lope or a collected rocking-chair canter.



In the space below, draw a Missouri Fox Trotting Horse performing your favorite gait:





**Without looking back at the previous pages,  
can you name the three gaits which the  
Missouri Fox Trotter is known for?**

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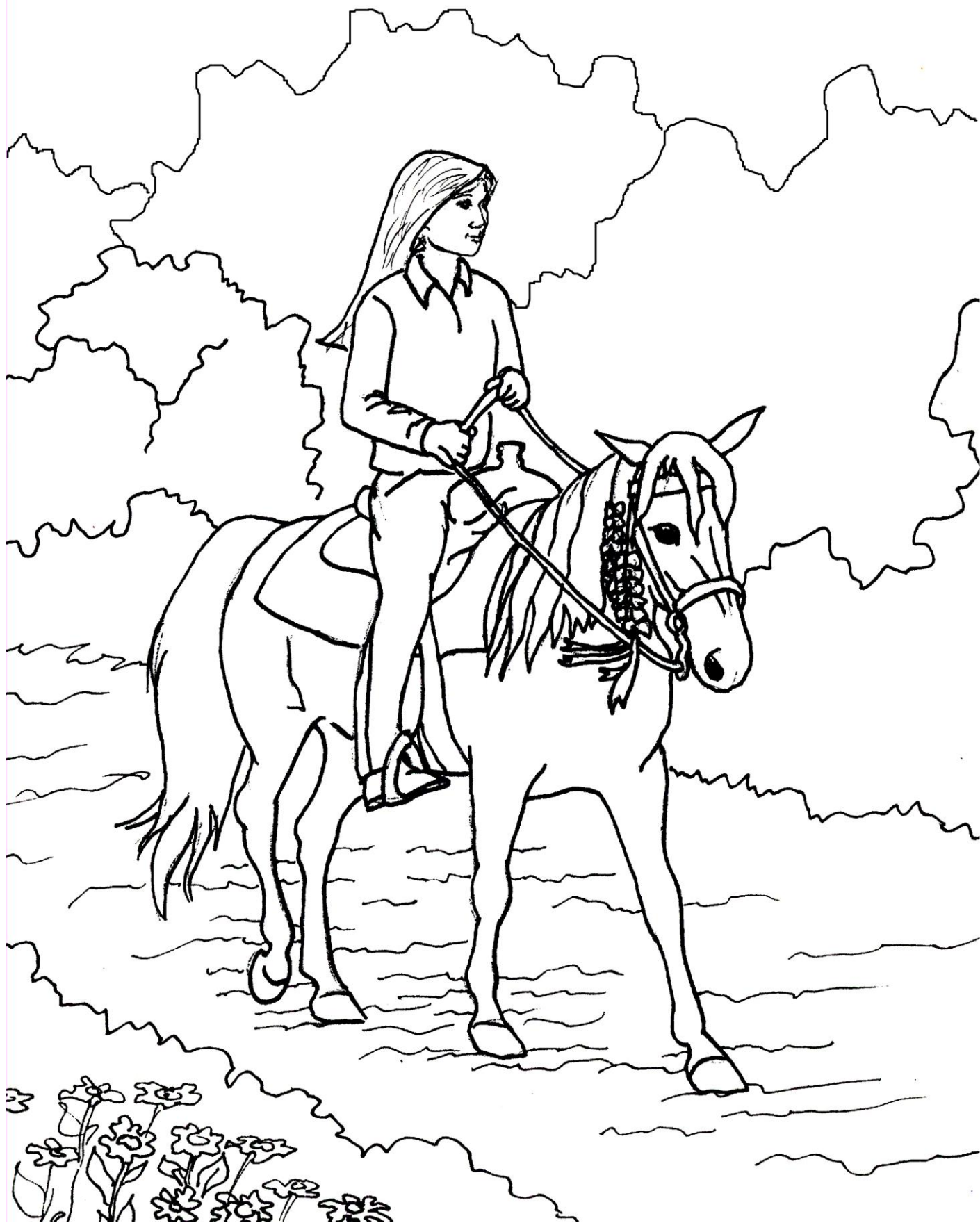
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**Which gait do you think  
the horse above is doing?**

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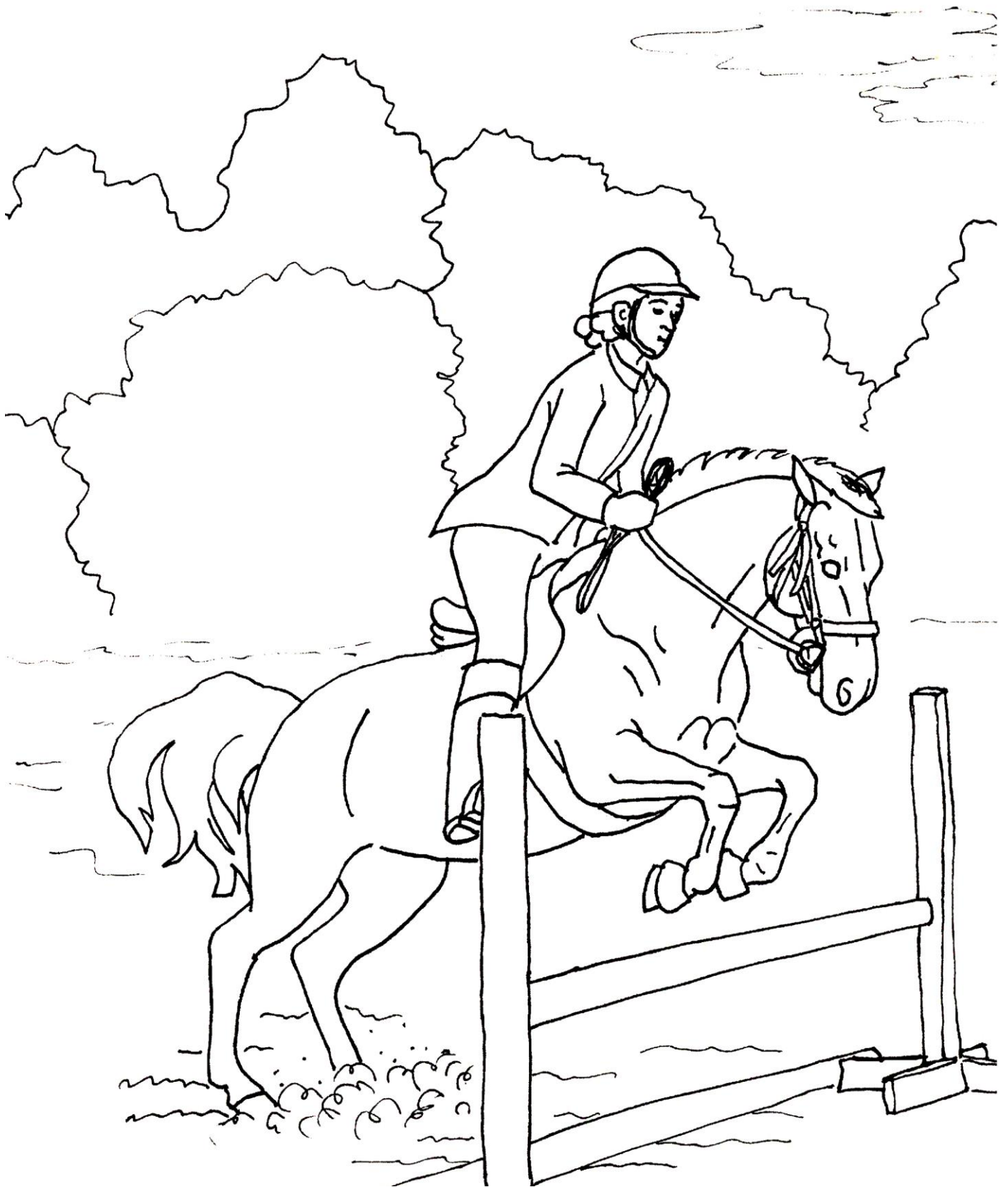
**The Missouri Fox Trotting Horse is very comfortable to ride.**



**Riding a Missouri Fox Trotting Horse is one of the best horseback rides you will ever take! People of all ages, abilities, and even disabilities, can comfortably ride a Missouri Fox Trotter.**



**Missouri Fox Trotters can do many different things.**





**Missouri Fox Trotting Horses make excellent cow-horses!  
How many different breeds of cows can you name?**

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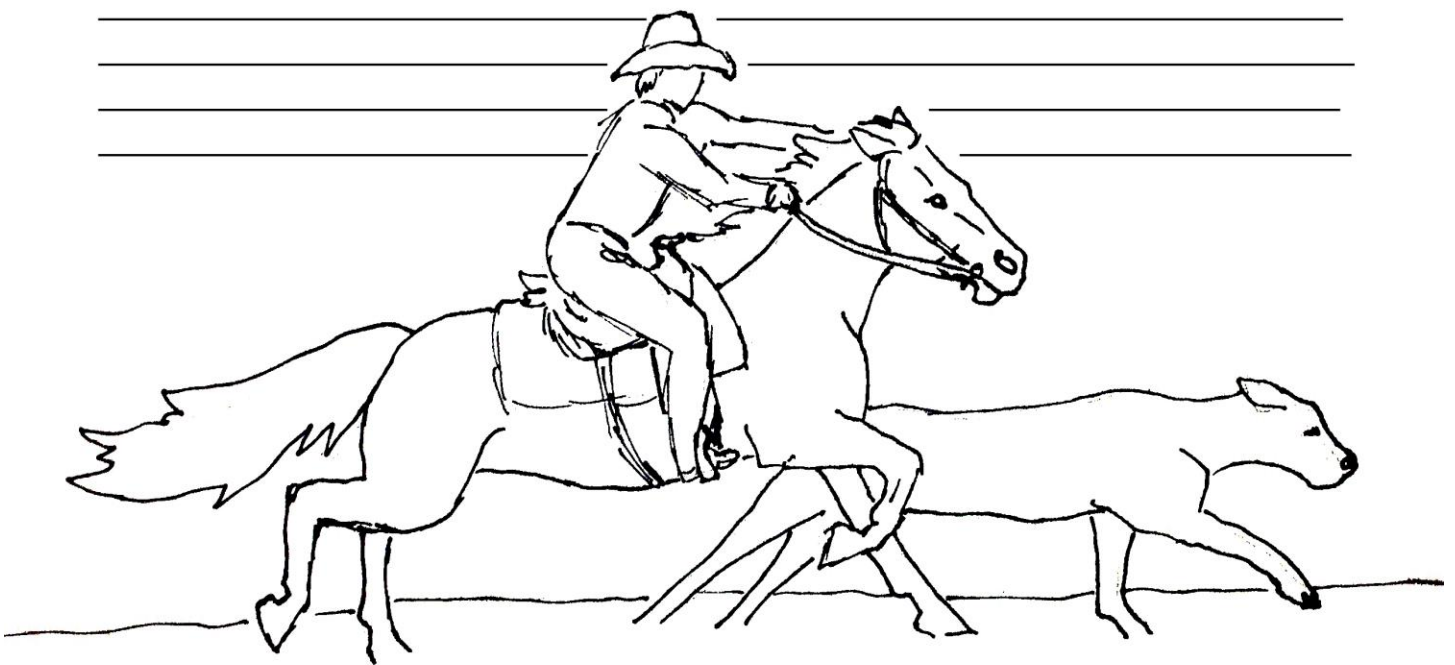
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**Write a story about a cowboy or cowgirl who rides a  
Missouri Fox Trotting Horse:**

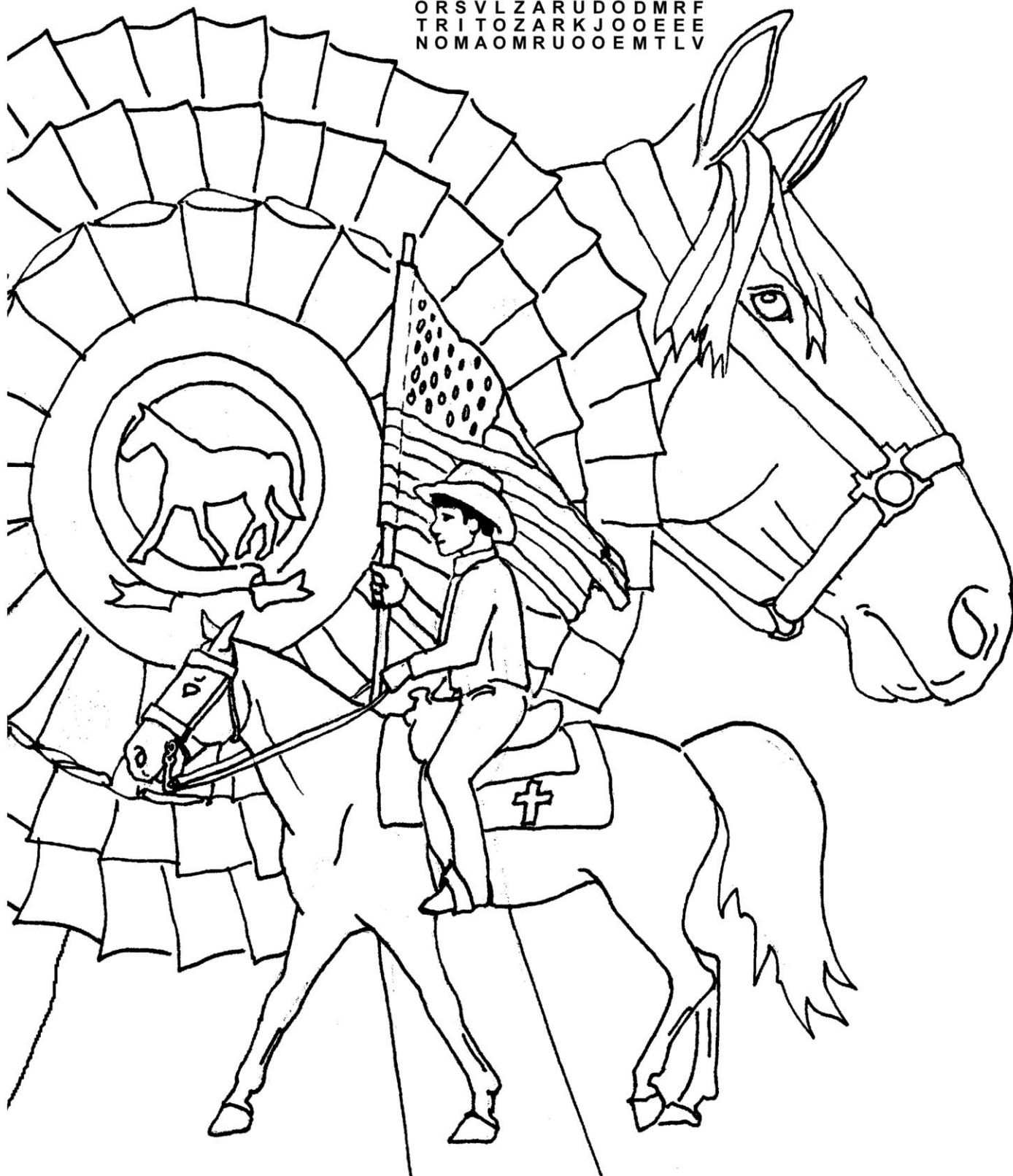


Find each of the following words  
hidden in the puzzle:

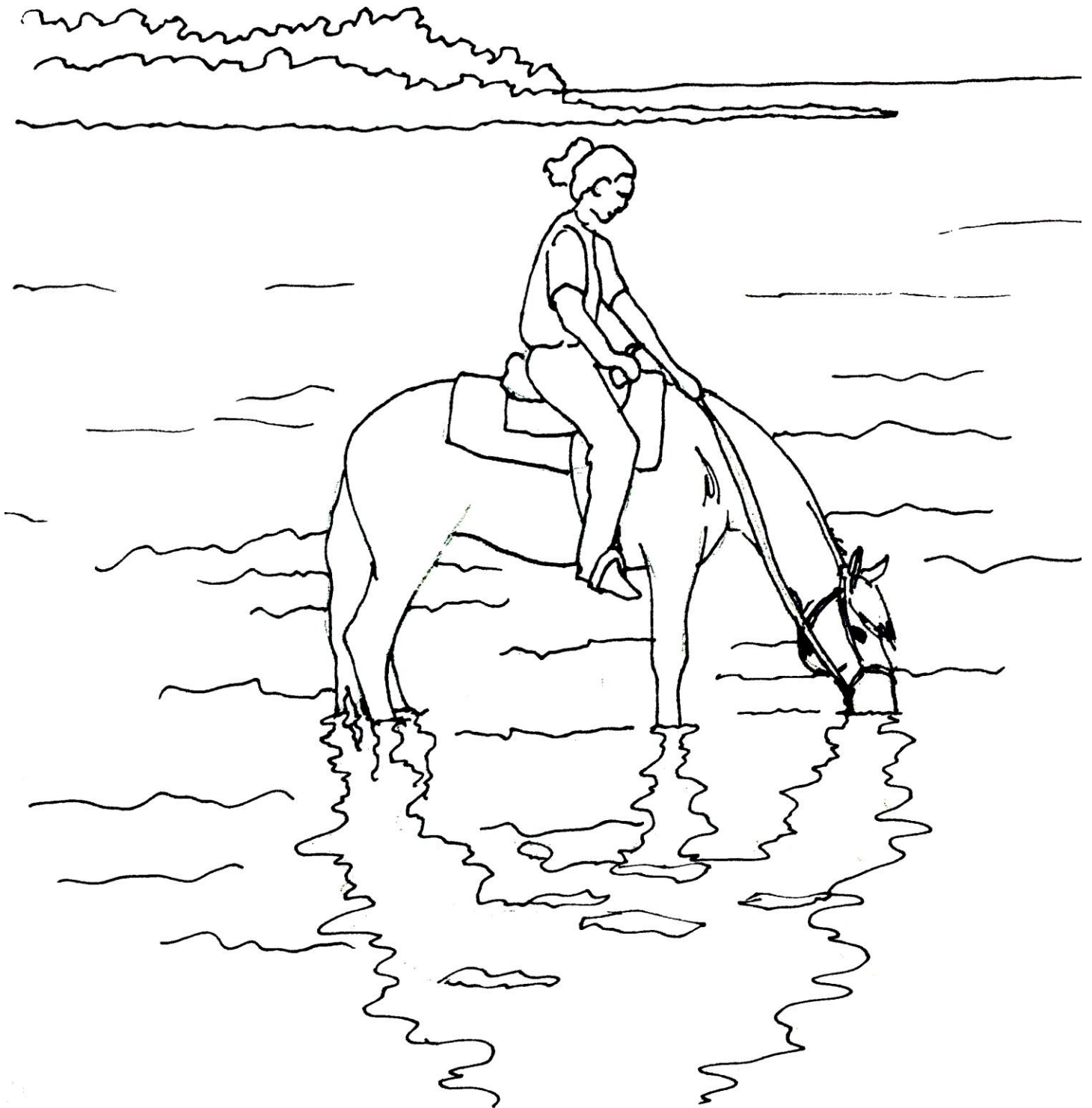
TRAIL	VERSATILITY	MISSOURI
BRIDLE	MODEL	SADDLE
JUMPER	FLATFOOT	STIRRUP
FUTURITY	GELDING	MARE
OZARKS	AVA	STALLION
FOAL	FOXTROT	CELEBRATION
GAIT	CANTER	

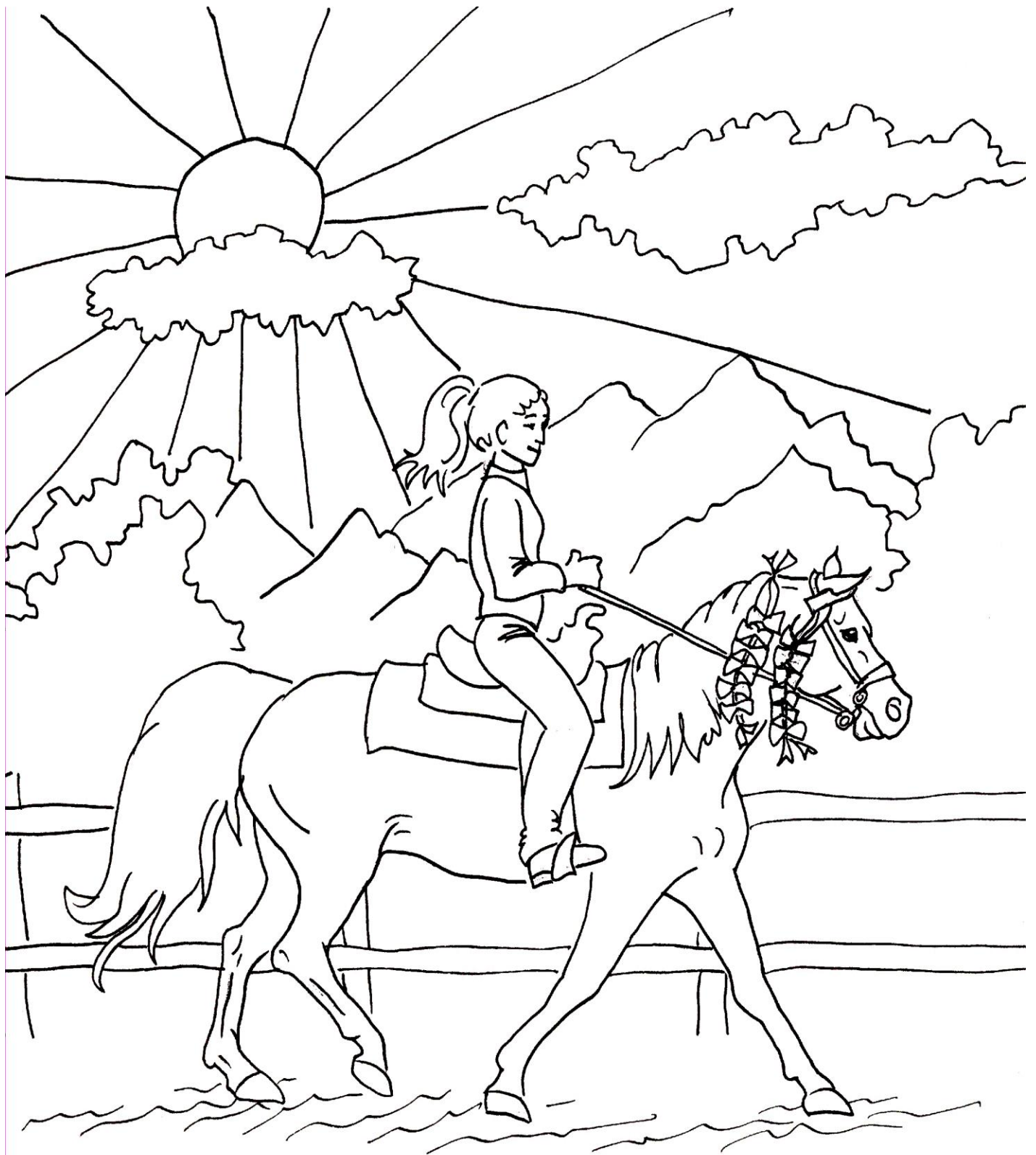
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LYTIRUTUF CANTER
LNTRIALNOILLATS
OTORTOFPURRITSA
AVAIVER SATILITY
FFLITFEOTTRAILT
GJAETASADLERTCY
IULLARRBRIDLEAD
FSIDGFIBGELDING
OTRDRYLAESPEYTD
XIUAFIVAKLEMUOA
TAOSOOPRTMEMURI
RGSOAAAMEFOCEJM
ORSVLZARUDODMRF
TRITOTZARKJOEEE
NOMAOMRUOOEMLV
  
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**This girl is letting her Missouri Fox Trotter  
get a drink after a long trail ride.**





**What is the name of the mountain range in Missouri where the Missouri Fox Trotting Horse originated?**

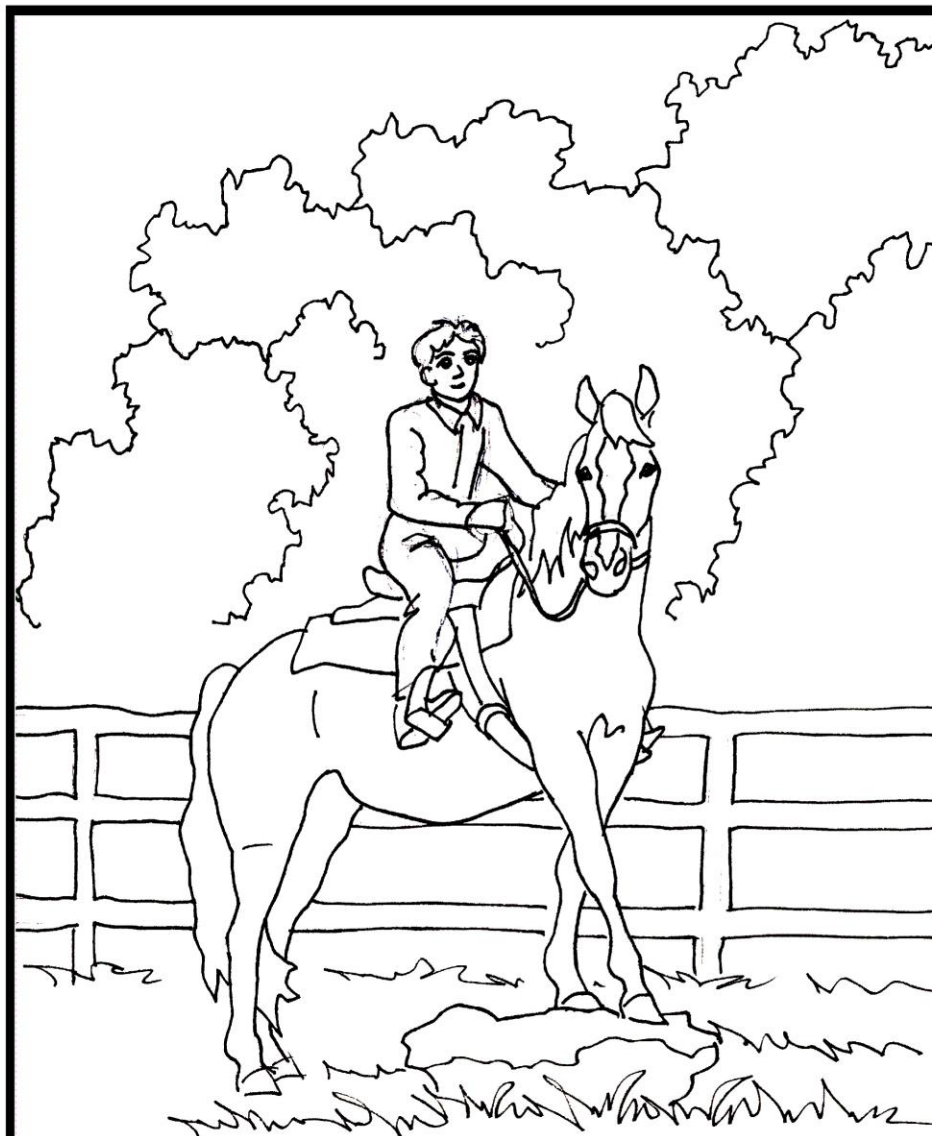
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**Teaching your Missouri Fox Trotter how to do things like cross a bridge, step up onto an object, and ignore things like flapping flags and unfamiliar noises is an important part of training. Horses which are very good at these things often compete in show classes called VERSATILITY.**

**Look up the word VERSATILITY in the dictionary. What does it mean?**

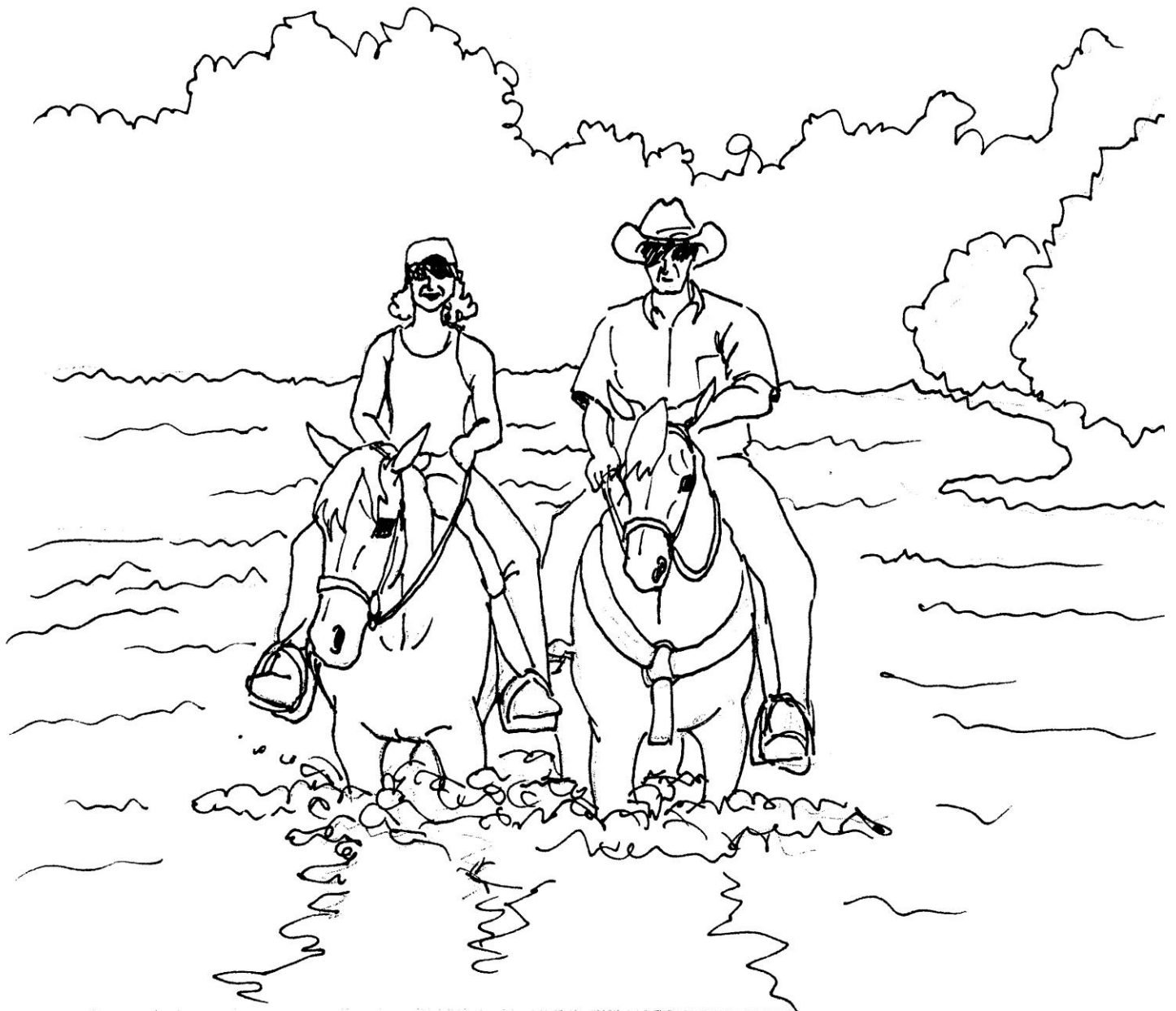
**Look on the MFTHBA website  
and find as many names of  
Versatility Class winners  
as you can:**

[illegible]

**These Missouri Fox Trotting Horses and their riders are crossing a river. What are the two rivers which form the western and eastern borders of the state of Missouri?**

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**How many things can you think of  
that a horse might be spooked by on a trail ride?**

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**How could you help your Missouri Fox Trotter get ready to  
deal with these things before you go on a trail ride?**

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On a trail ride, you will see many kinds of plants and trees. What are some of the plants and trees that you might see on a trail ride in your state?

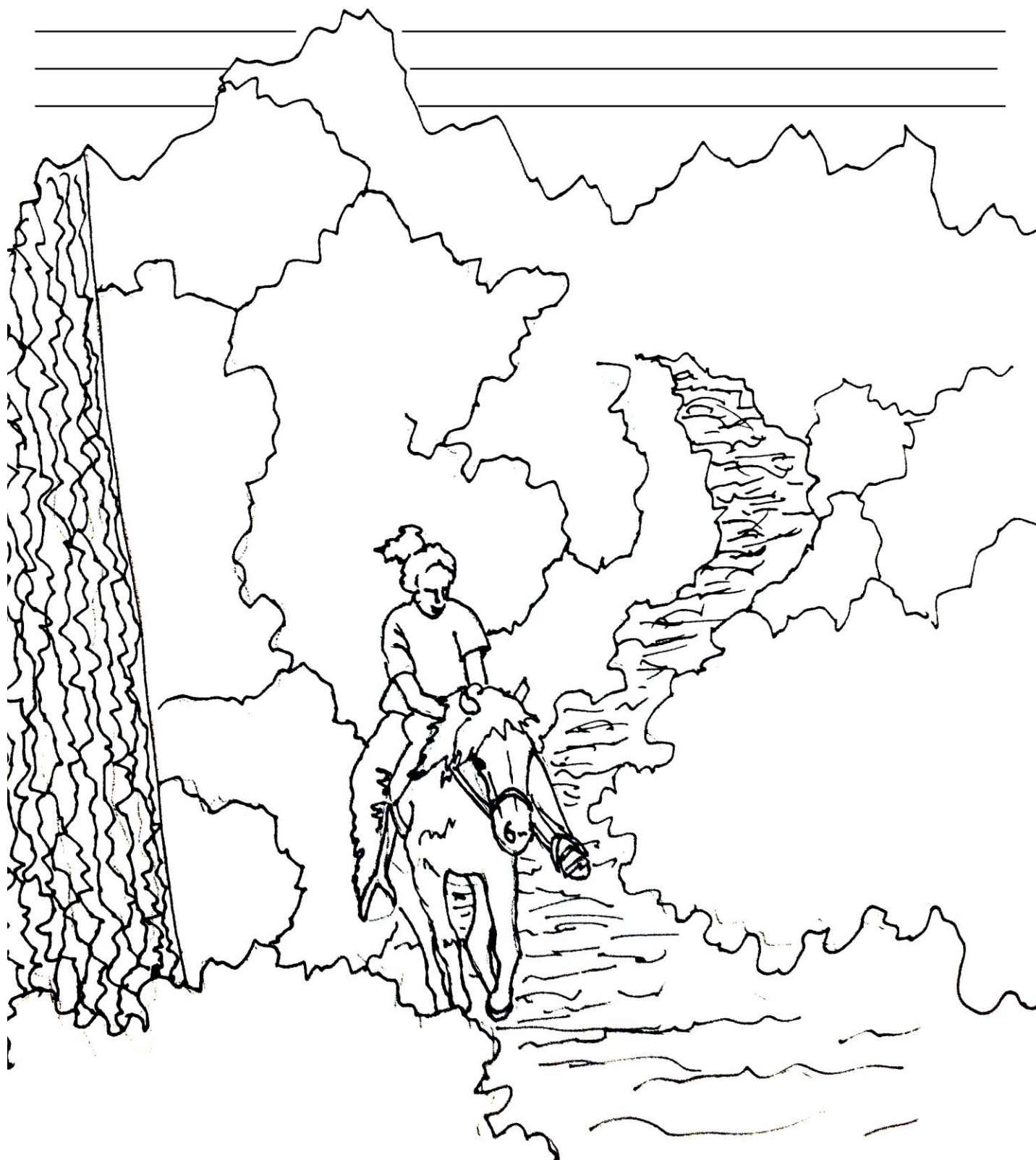
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**Write a story about a trail ride:**

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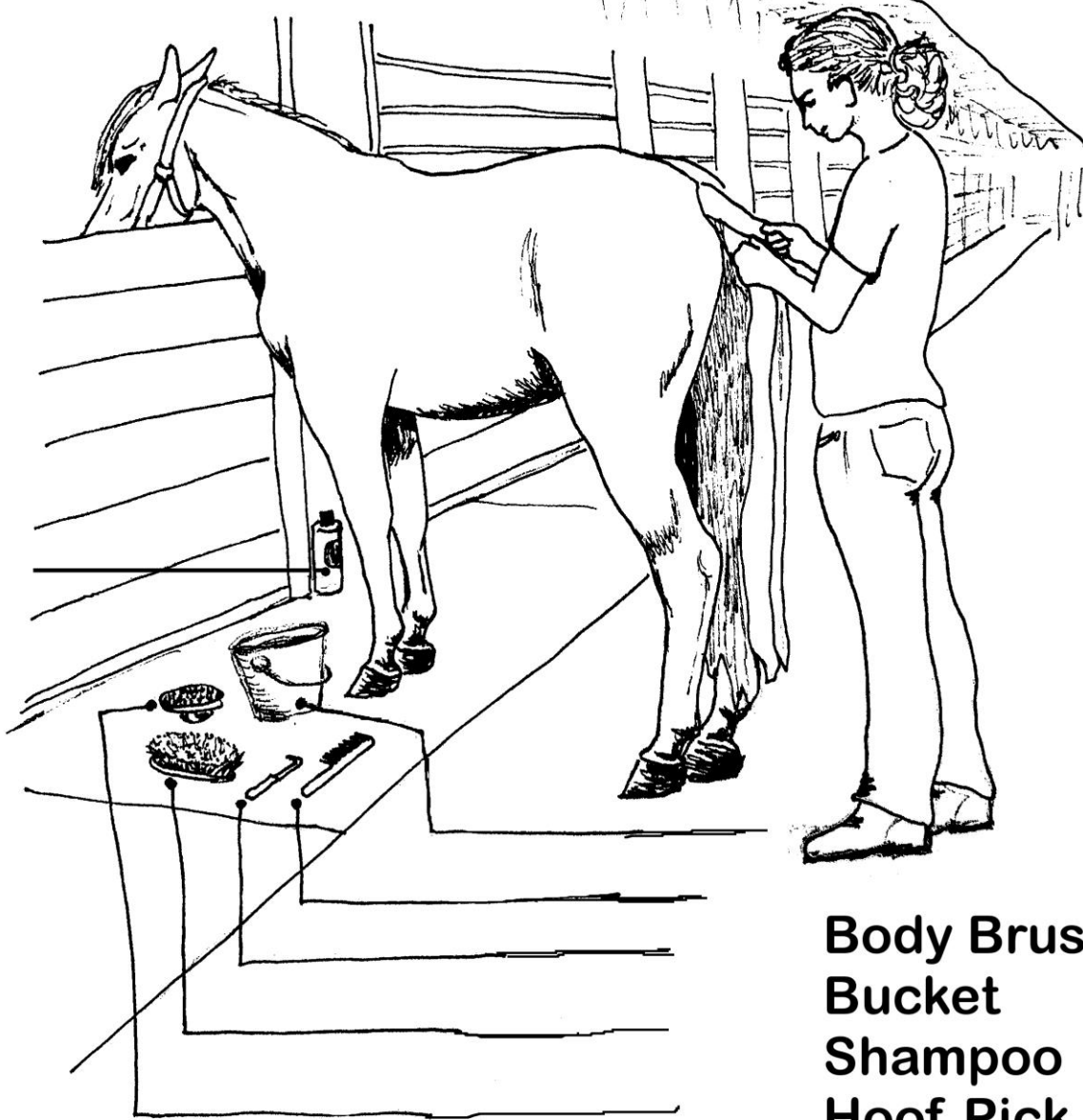
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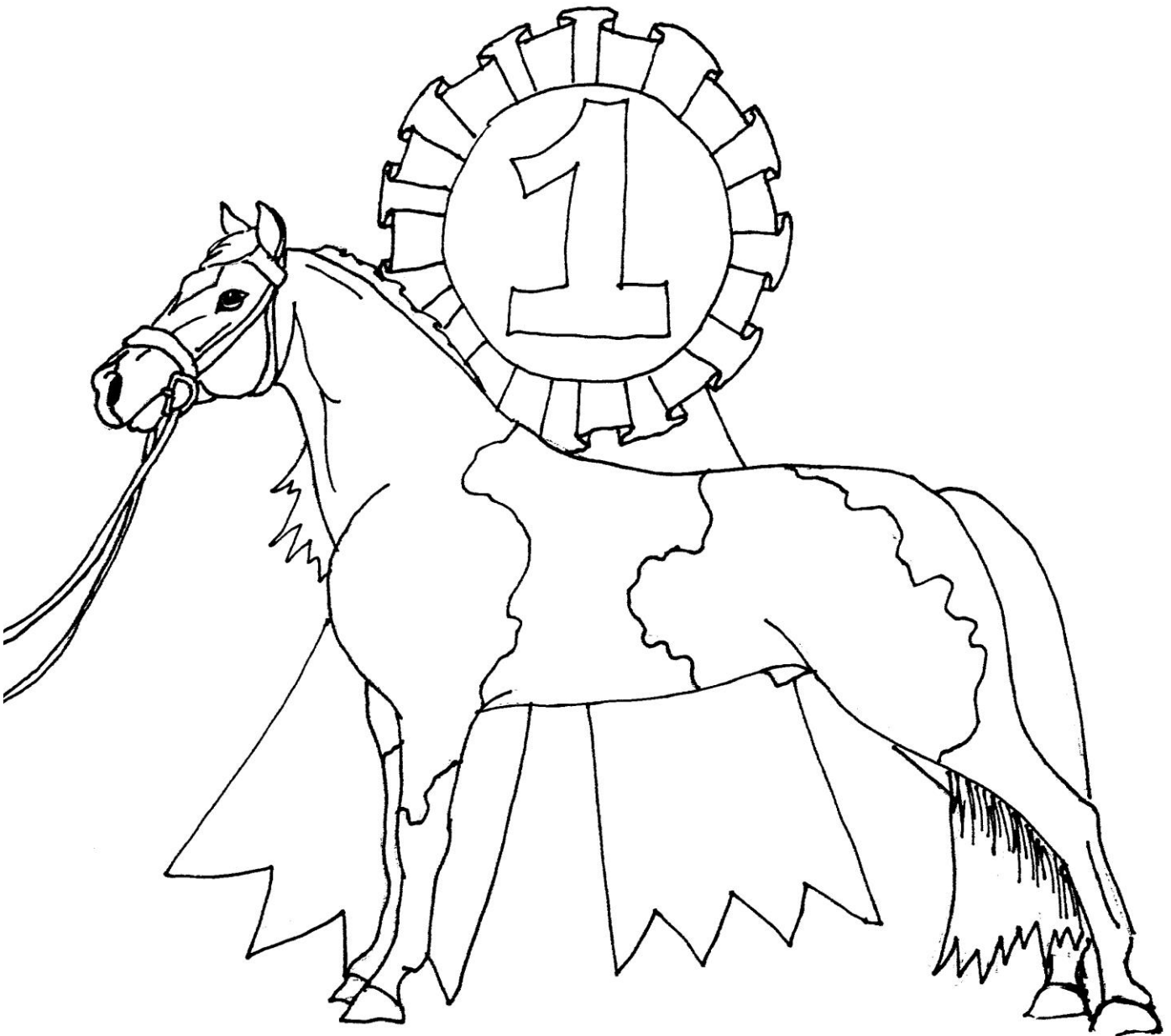
**Grooming is a very important part  
of caring for your Missouri  
Fox Trotter. Can you put the  
words on the list below onto  
the correct lines?**



**Body Brush  
Bucket  
Shampoo  
Hoof Pick  
Curry Comb  
Mane & Tail Comb**

**The Missouri Fox Trotting Horse  
comes in many colors, including spotted!**

**Color this spotted Missouri Fox Trotter and the first place ribbon.**



# Colorful Coats

Find each of the following coat colors in the puzzle below:

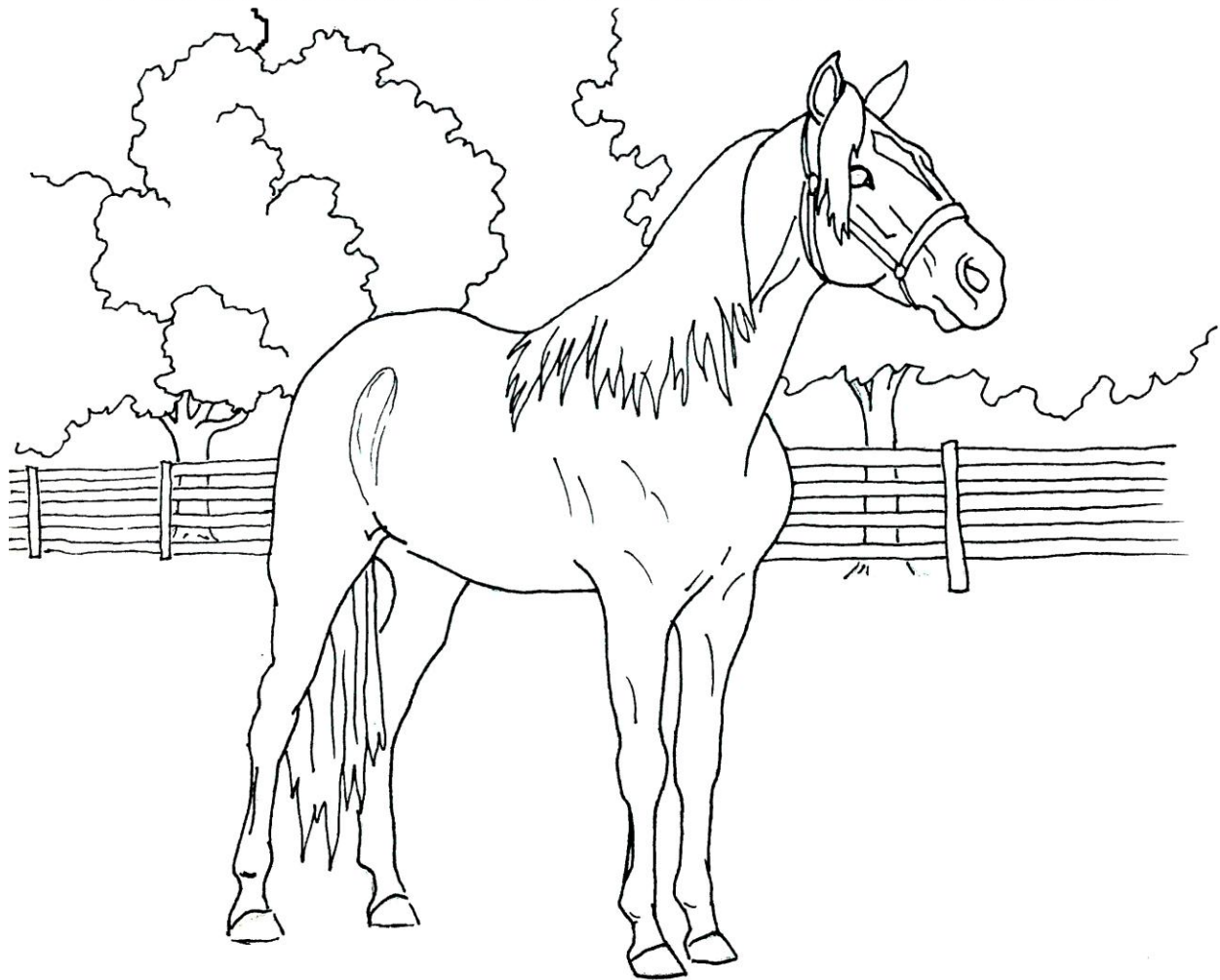
**FLEABIT GREY**  
**DAPPLE GREY**  
**CHESTNUT GREY**

**BLOOD BAY**  
**ROSE GREY**  
**CREMELLO**  
**PALOMINO**

**ROAN**  
**DUN**  
**BAY**  
**GRULLA**

**LIVER CHESTNUT**  
**SORREL**  
**MAHOGANY BAY**  
**PERLINO**

**BLACK**  
**WHITE**  
**BUCKSKIN**  
**BROWN**



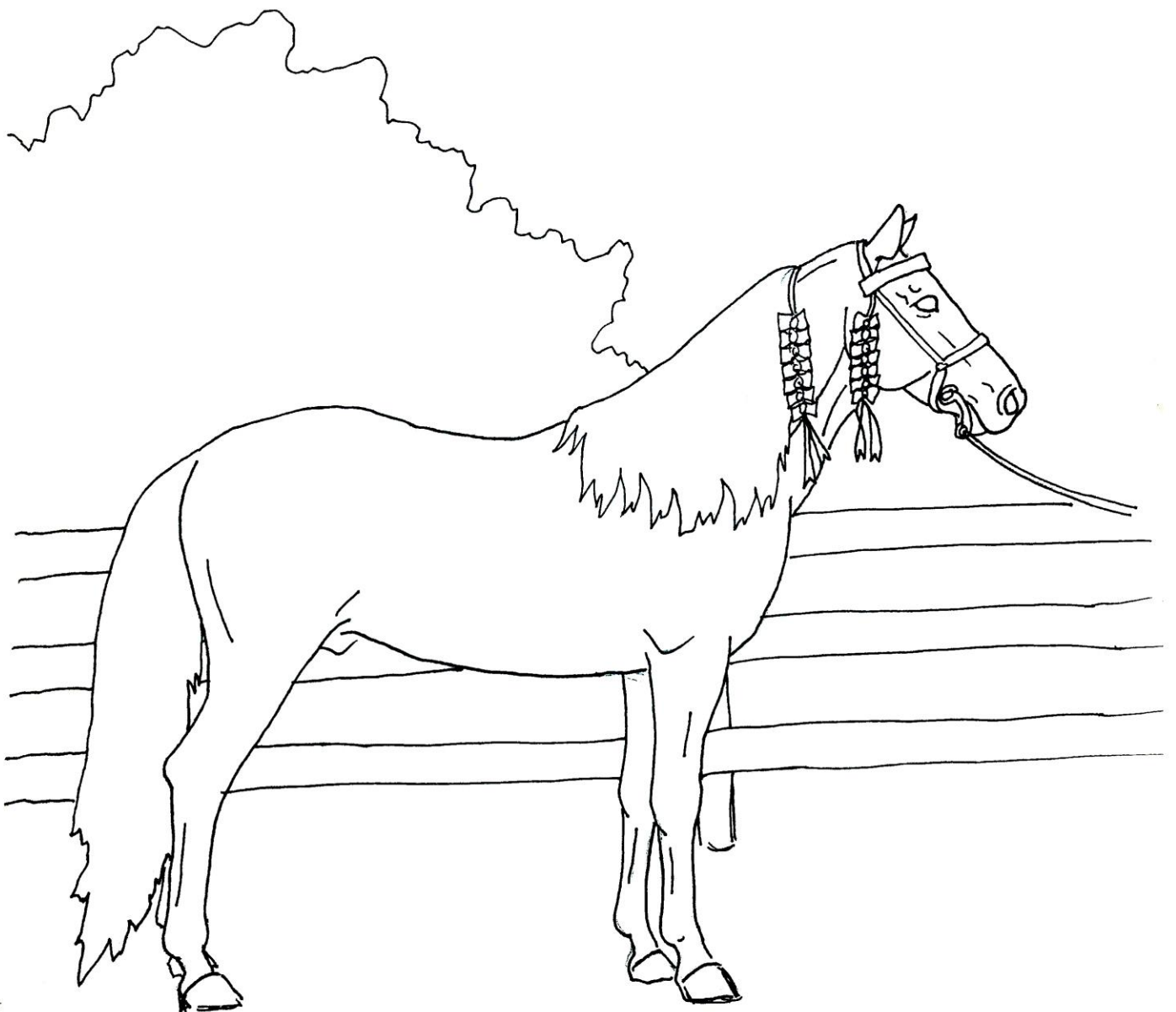


**This Missouri Fox Trotter is a buckskin.  
Can you color this picture  
to make this horse a buckskin?**

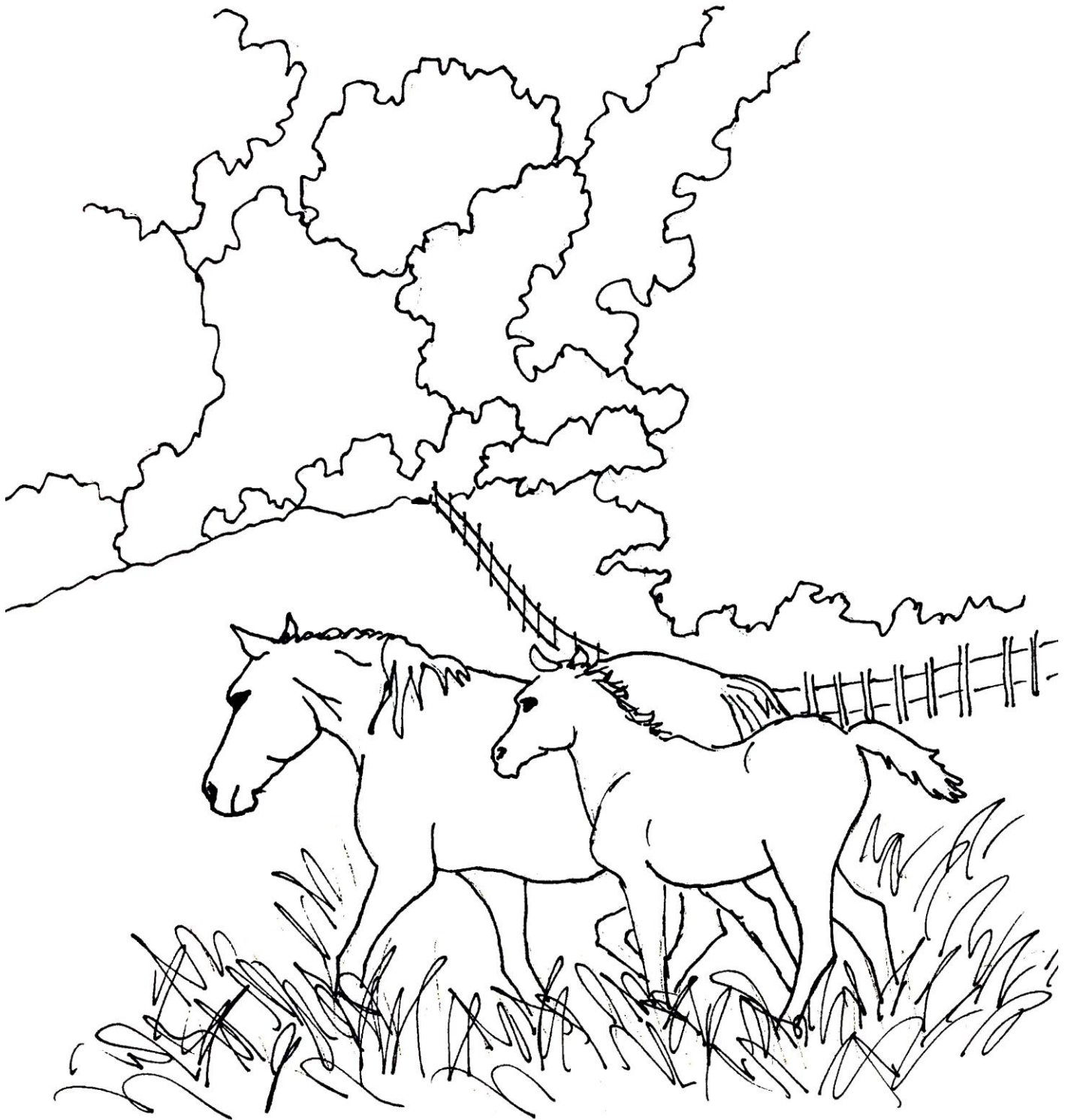


**This is your very own  
Missouri Fox Trotter.  
What color is he?  
And what would you name him?**

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**Color this mare and her foal.  
Color the trees and the grass  
the way they would look in the fall.**



# Fifty States of Missouri Fox Trotting Horses

Find the names of all fifty states  
hidden in the puzzle below:

ALABAMA  
ALASKA  
ARIZONA  
ARKANSAS  
CALIFORNIA  
COLORADO  
CONNECTICUT  
FLORIDA  
GEORGIA  
HAWAII  
IDAHO  
ILLINOIS

INDIANA  
IOWA  
KANSAS  
KENTUCKY  
LOUISIANA  
MAINE  
MARYLAND  
MASSACHUSETTS  
MICHIGAN  
MINNESOTA  
MISSISSIPPI  
MISSOURI

MONTANA  
NEBRASKA  
NEVADA  
NEW HAMPSHIRE  
NEW JERSEY  
NEW MEXICO  
NEW YORK  
NORTH CAROLINA  
NORTH DAKOTA  
OHIO  
OKLAHOMA  
OREGON

PENNSYLVANIA  
RHODE ISLAND  
SOUTH CAROLINA  
TENNESSEE  
TEXAS  
UTAH  
VERMONT  
VIRGINIA  
WASHINGTON  
WEST VIRGINIA  
WISCONSIN  
WYOMING

S A S N A K R A I D P H A S W E S T V I R G I N I A I A A A N A T N O M  
S L W W Y O M I N G L E D N O N A N R A T O S E N N I M A R N I K A N A  
I N V E R M O N T W R L N E A D O S E A C Y W I T C A I H H A L K O U L  
O A G E O R G I A E N E P N I N N H Y W O A L E I A N A N O E T E X A K  
N N M N M W S N M H A T U R S O O K A K M O L P N O R T H D A K O T A M  
I I D N A A S E O O A O O C Y C Z A D R E P I M O M N S E I E U E R N  
L S O A R S A W H G I L C S L U L D I A I I X A F H N O E I P A I E C S  
L N I I Y H L H A E F O I O T A H V C R S I I I A O A W A S T R N C O C  
I O H D L I A A L R N W O N L T K H A S A N O D C U R M D L A T I A N N  
K C O N A N S M K O K O E L R O T R I N R I I N N O S O A A N F A E N N  
I S A I N G K P O R A K O O R R S O O I O M A B A L A V N F A M D E V  
R I T M S T K S E N N S N N O T S A F Y N A G I H C I M E D I O W A C T  
U W Y E R N S H A E S A I N W I K I D K W A L A S K A O N I M O Y W T O R  
O I I R N N N I O S A X W I M A L A N O N E O O D N E W J E R S E Y I R  
S M O R R N S R E L S E E I R A L A B A M A N S U I M A I N E O R S C M  
S O N I S I E E U A R T G S C L R W A S H I N G T O N I V E R M O N U B  
I N I S U H L S A I N I G R I V M I C H I G I M A R Y L A N D S D O T A  
M I L O C A A R S R I I A W A H A S O U T H C A R O L I N A A P N O I T  
L E L A K S A R B E N N S I I M A S S A C H U S E T T S N O G E R O O M  
R O I T N O N S G I E T I O S A H I I T I V N A T E E L O K V I I L L H





# TACK IT UP

Use the key at the left to decode the words below.

A=1

B=2

C=3

D=4

E=5

F=6

G=7

H=8

I=9

J=10

K=11

L=12

M=13

N=14

O=15

P=16

Q=17

R=18

S=19

T=20

U=21

V=22

W=23

X=24

Y=25

Z=26

19-1-4-4-12-5

6-12-1-14-11

19-14-1-6-6-12-5

19-20-9-18-18-21-16

2-12-1-14-11-5-20

19=8=1=14=11

2-9-20

16-1-4

2-5-12-12-2-15-15-20-19

2-18-9-4-12-5

5-14-7-12-9-19-8

19-16-21-18-19

18-5-9-14-19

23-5-19-20-5-18-14

8-15-18-19-5-19-8-15-5

8-1-12-20-5-18

3-1-22-5-19-19-15-14

23-8-9-16

13-1-18-20-9-14-7-1-12-5

8-1-3-11-1-13-15-18-5

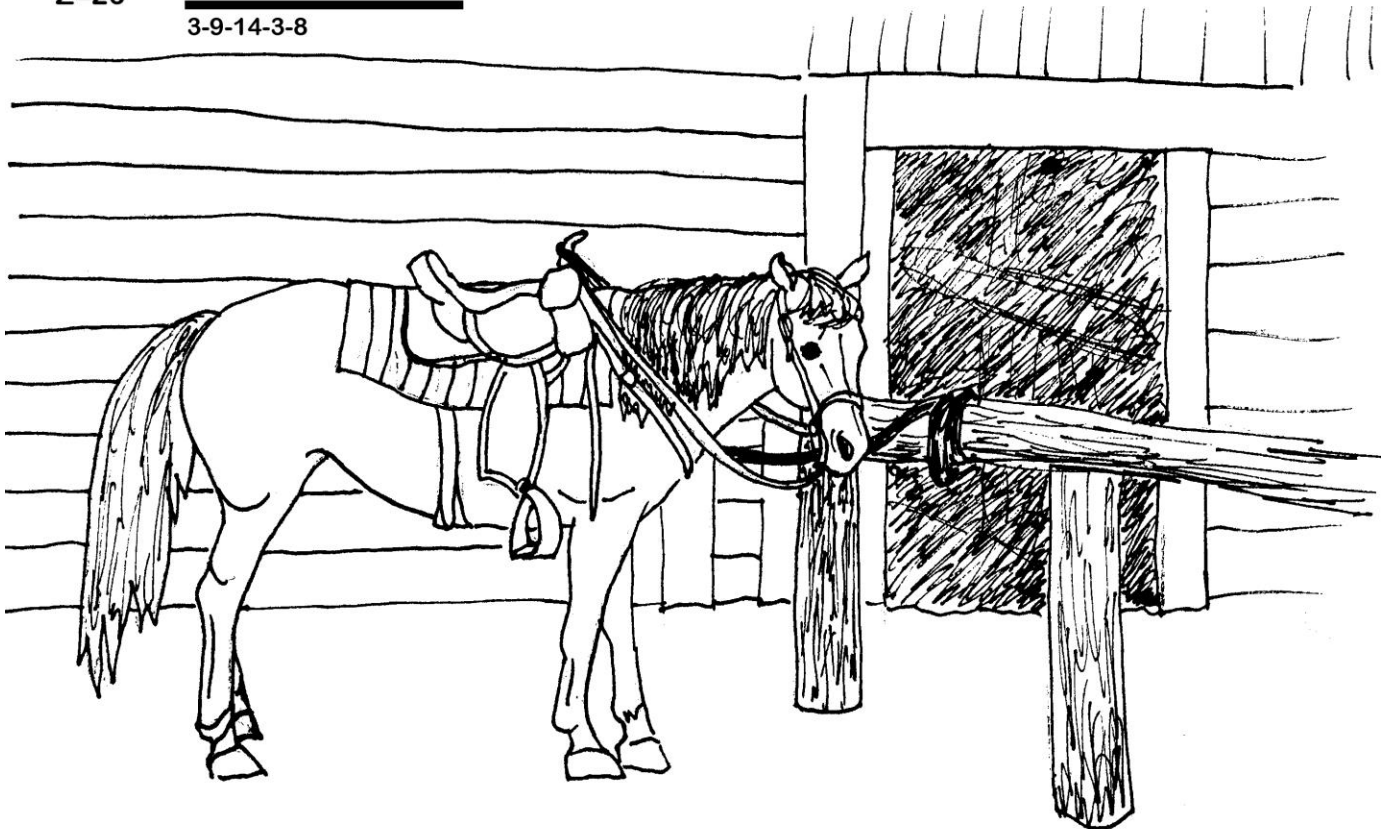
2-18-5-1-19-20-16-12-1-20-5

2-15-19-1-12

7-9-18-20-8

3-21-18-2

3-9-14-3-8





**These ladies are riding in a  
Saddle Seat class.  
What kind of clothing and tack must  
competitors wear in that class?**

**TLEEMH**

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**AOCT**

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**EEESHCRB**

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**SBOTO**

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**IELRBD**

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**OEANSVSC**

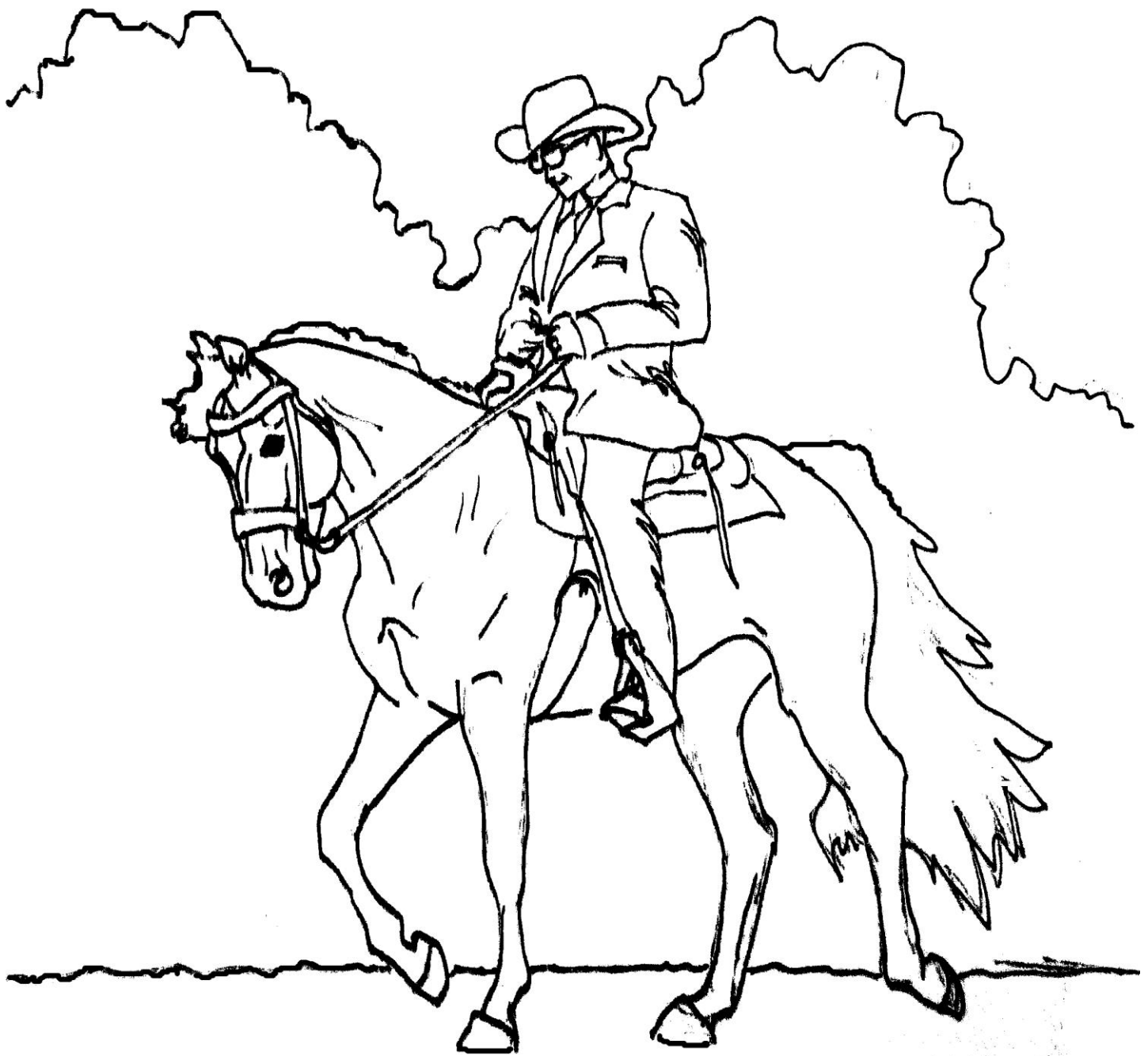
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**FEAFLSN**

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**MHLPEA**

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**In 2002, the Missouri Fox Trotting Horse  
was declared to be the  
Official Horse of the State of Missouri.**

**What is the capitol city of Missouri? \_\_\_\_\_**

**What is the largest city in Missouri? \_\_\_\_\_**

**In what city is the MFTHBA Headquarters located? \_\_\_\_\_**

**The Missouri Fox Trotting Horse Breed Association  
has a website -- <http://www.mfthba.com>  
Look on that website under "EVENTS" and find  
"Show and Celebration". What dates will that occur this year?**

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**What are the events that will take place at the Main Arena  
on the last day of the Show and Celebration?**

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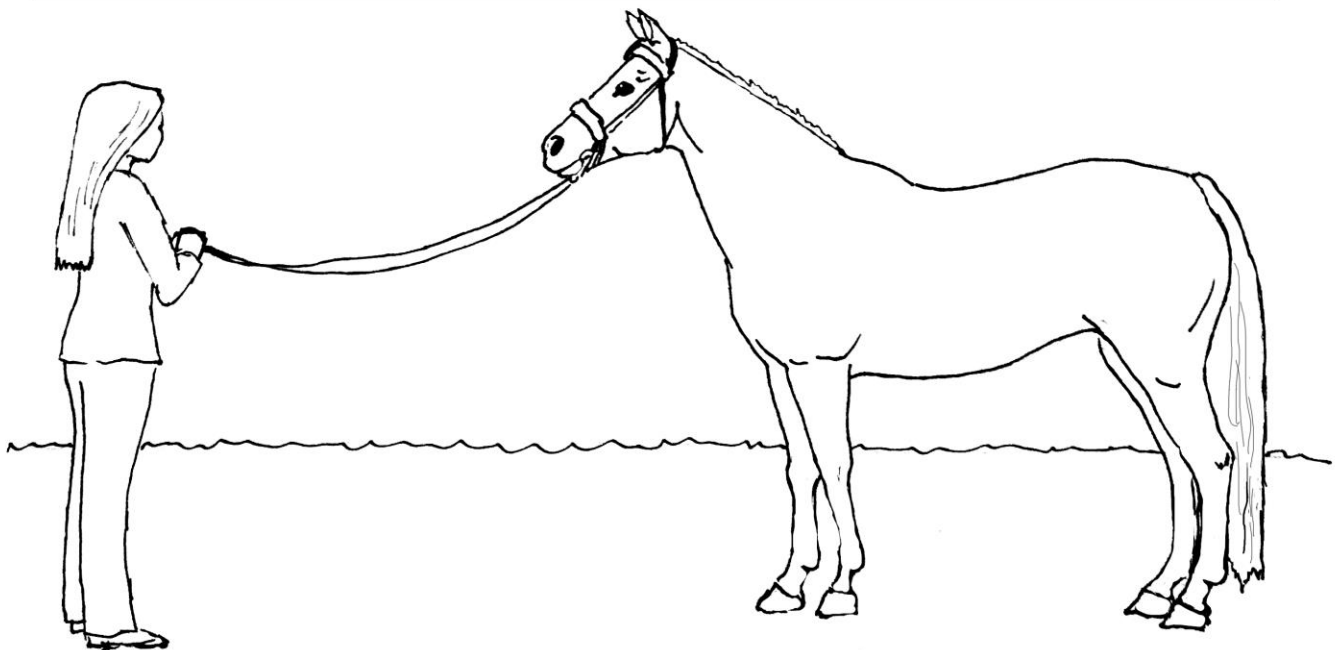
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**What class do you think this Missouri Fox Trotting Horse is showing in?**

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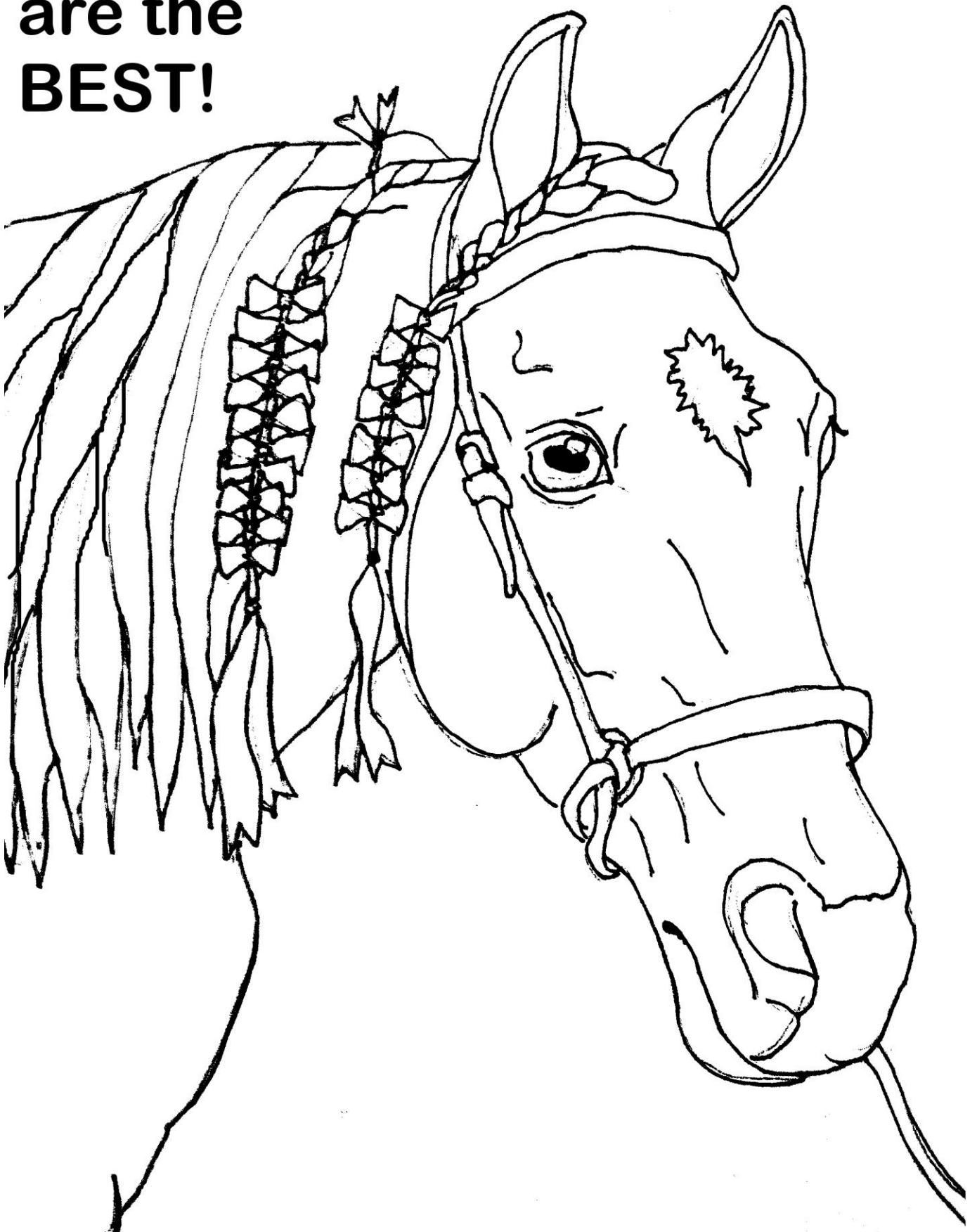






**This girl is proud to own and ride  
Missouri Fox Trotting horses.**

**Missouri Fox Trotting Horses  
are the  
BEST!**



## **ABOUT THE ARTIST**

Kristi Wood has been drawing horses (and everything else) from the time she was capable of holding a pencil. One day in a college classroom, Kristi met another girl who showed her a photograph of her horse, a Missouri Fox Trotting Horse. Kristi asked to borrow the photo, and two days later she came back to class with a pencil drawing of that horse. The two became fast friends, and some time later Kristi found herself in charge of producing the newsletter for the Texas Chapter of the MFTHBA. Some time later, she moved away from Texas, and the two friends lost track of one another.

Twenty years later, through the miracle of social media, Kristi found her friend again. By this time, Kristi was teaching high school, and her friend, Pamela Lynn, was on the MFTHBA Board. When Pam approached her with the board's idea of a downloadable coloring/activity book for the MFTHBA, Kristi was very enthusiastic about the project.

Kristi teaches art and music at Valley View High School in Valley View, Texas. She is also in charge of producing the yearbook for the district, and she drives a school bus route. She has been married to Rick for 25 years and they have three children and one grandchild. She hopes that her simple illustrations and activities in this book provide many hours of enjoyment and education for children and adults alike.

Besides teaching art, Kristi also draws and paints commissioned artworks of many kinds, including animals, landscapes, and portraits. Her contact information is:

Kristi Wood  
105 McCubbin St.  
Valley View, TX 76272

[gradualdazzle@gmail.com](mailto:gradualdazzle@gmail.com)



"Dali", charcoal on kraft paper, by commission

## **ABOUT THE MFTHBA**

Website: <http://www.mfthba.com>

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